

Spring Quarter: March • April • May 2026



PRIMARY

SUNDAY SCHOOL QUARTERLY

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SUNDAY SCHOOL QUARTERLY Vol. 63 • No. 2

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Letter to the Parents

Dear Parents,

I feel blessed to have the opportunity to work with your child this quarter. My prayer is that your child's learning will result in his or her having a closer relationship with God.

Unit I, "Caring for Our Neighbors," has five lessons that challenge learners to work together toward common ends in the home, the community, and in relationships—both locally and globally—based on love and respect. Our responsibility to and for one another extends to minding our bodily health (lesson 2), serving one another as to serve Christ (lesson 3), understanding the God-given diversity in the world (lesson 4), and accepting Jesus' testimony of truth and peace (lesson 5).

Unit II, "Caring for Our Families and Community," explores the promise of eternal life and our obligations in this life. Lesson 6 focuses on the promise of bodily resurrection for followers of Jesus. Lesson 7 encourages us to honor God's order of the appointment of leaders. Lessons 8 and 9 turn to children as models of kingdom life and outline family members' roles.

Unit III, "Caring for Ourselves as God's Children," explores the Christian's duty to society in the context of allegiance to God in Christ. Lesson 10 discusses repentance and forgiveness. Lessons 11-13 present biblical perspectives on labor, using wealth faithfully and generously, and having a work/rest balance. The quarter concludes with a lesson that emphasizes the need to assemble before God regularly.

You can discuss with your child about giving his or her life to God with help from the *ABCs of Salvation* listed below.

- A. Say, "Admit you have sinned (see Psalm 32:5), or done wrong." Go through just a few of the Ten Commandments—stealing or lying and so forth. Tell how our sins separate us from God (see Isaiah 59:2 and Romans 3:23).
- B. Say, "Believe Jesus is God's Son. He took the punishment for our sins by dying on the cross (see Romans 5:8). We must believe that Jesus is God's Son and that God raised Him from the dead."
- C. Say, "Call on God to forgive you (see Acts 2:21). When we are sorry for our sins and want to stop doing wrong, we can ask God to forgive us (see Acts 16:31)."

Thank you for the opportunity to help shape your child's spiritual life.

Your Child's Teacher



March 1, 2026

1



Showing and Being Shown Kindness

One day, one of the teachers of the Law heard some people arguing. So, he asked Jesus, "What is the most important commandment?"

Jesus answered, "The most important commandment is to love God with all your heart, understanding, and strength, and to love your neighbor as yourself."

The teacher of the Law replied, "Well said, Teacher. To love God with all your heart, understanding, and strength and to love your neighbor as yourself is more important than giving offerings and sacrifices."

The teacher gave a wise response. Jesus told him that he was not far from God's kingdom.

James shows us that just believing is not enough. We must put our faith into action. If we see people in need, we must help them like Jesus would. When we love our neighbors as ourselves, as Jesus said, we obey and please God. And our faith can be seen. Our faith leads us to help and be kind to others.

Go show your faith by doing kind things! This way, your love for God shows to others.



Lesson Scriptures:

Mark 12:28-34; James 2:14-17

Key Verse

"To love [God] with all your heart, with all your understanding and with all your strength, and to love your neighbor as yourself is more important than all burnt offerings and sacrifices." (Mark 12:33)





How to Love My Neighbor

The children played at a park in their neighborhood every day. They all knew a very wise woman named Amber. They knew that she loved God, and they would often ask her questions. One day, a young girl named Zahara had a question, so she went to Amber.

"Ms. Amber," she said, "I heard a story about the most important commandments."

"Oh, yes!" Amber exclaimed. "Love your God with all your heart, soul, mind, and strength. And love your neighbors as yourself. These are the most important things!"

"How do I do that?" Zahara asked.

"Let me show you a few things," Amber began. "Do you see that boy helping his friend after he fell? Do you see those kids going to that little girl sitting alone with no one to play with? Those are all ways that you can show love to your neighbors. Your neighbors are not just those who live next door to you or across the street from you. We are all neighbors."

"Thank you!" Zahara said as she ran and started doing whatever she could for her neighbors.



Exploring the Story in Ruby's Lab



Hello, everyone! Ruby here! I love doing experiments. But do you know that the best thing we can do is something Jesus taught us? We must love God with all our hearts, souls, minds, and strength, and love our neighbors as we love ourselves. This means that we should treat others like we want to be treated. Like Amber, setting examples of kindness and love can inspire others to do the same.

How do you love yourself? How do you love others? Think about these questions. Write your answers and bring them back next week.

True or False?

Read each statement below and write **T** if the sentence is true, or **F** if it is *false* (not true).

- _____ 1. Jesus said that we are supposed to love God with all our eyesight.
- _____ 2. Jesus said that we are supposed to love God with all our strength.
- _____ 3. Jesus said that we are supposed to love God with all our hearts.
- _____ 4. Jesus said that we are supposed to love God with all our minds.
- _____ 5. Jesus said that we are supposed to love God with all our money.



Searching for Words: Love Your Neighbor

Find the listed words from today's lesson in the word search below. (The words can go in any direction and can share letters as they cross over one another.)

ACTION

COMMANDMENT

FAITH

HEART

JESUS

LOVE

NEIGHBOR

OFFERINGS

SACRIFICES

STRENGTH

TEACHER

N	D	Q	B	N	K	T	S	L	U	X	H
N	O	L	C	W	U	N	E	Q	W	N	T
K	H	I	O	K	Z	E	C	U	F	E	G
Y	E	Q	T	V	M	M	I	N	H	I	N
B	L	C	A	C	E	D	F	T	I	G	E
G	M	S	F	T	A	N	I	I	X	H	R
Y	I	O	R	Z	E	A	R	G	X	B	T
T	V	A	G	O	F	M	C	R	Q	O	S
J	E	S	U	S	B	M	A	H	Q	R	C
H	V	T	X	H	W	O	S	L	T	K	J
Q	C	I	T	E	A	C	H	E	R	Q	H
Y	S	G	N	I	R	E	F	F	O	P	O

March 8, 2026

2



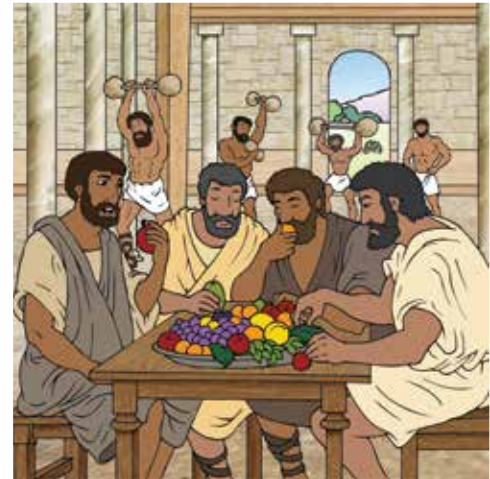
Healthy Habits

Four young Hebrew boys named Daniel, Hananiah, Mishael, and Azariah were taken to the king's palace in Babylon. The king offered them royal food and drink. But Daniel knew that these foods were not good for them. He asked the king's servant if they could have vegetables and water instead. This worried the king's servant. He was afraid that they would look weaker than the other boys if they did not eat the king's food. But Daniel convinced him to give them a ten-day test.

After eating vegetables and drinking water for ten days, Daniel and his friends looked stronger and healthier than the boys who ate the king's food. The servant was so amazed that he let them continue eating their special diet.

Daniel and his friends did what was right. Because of this, God gave them special gifts. God gave them wisdom and understanding. God also gave Daniel a special gift of *interpreting* (figuring out) dreams.

Daniel was determined to care for his and his friends' health. We must take care of our health, too.



Lesson Scriptures:

Daniel 1:8-17; 1 Timothy 4:7-8

Key Verses

Train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come. (1 Timothy 4:7b-8)





Let Us Try It!

In Freshville, four friends—Michael, Trent, Isaiah, and Tim—were chosen to play for the state junior football team. However, the team was not performing well. The coach focused on teaching drills. However, the players became exhausted quickly and had difficulty performing at practice and games. Michael discovered that the players ate a lot of unhealthy foods.

Michael told his friends, “Coach Edwards pushes us to do a lot of exercises, but he never asks what we put in our bodies.”

“Maybe we should talk to Coach about it,” Trent noted.

After practice, Michael asked Coach Edwards, “Do you think that all the junk food we eat hurts our performance on the field?”

Coach Edwards responded, “Maybe it does. Let us try healthy eating for ten days. Nothing but fruit, vegetables, healthy proteins, and water. No sodas, sweets, and other junk foods.”

Everyone agreed to give it a try.

After ten days, Michael and his friends looked healthier and stronger! Their energy increased, and they could complete the drills with ease. Even their attitudes became more positive. And best of all, they began winning games!



Exploring the Story in Ruby's Lab



Hello, everyone! Ruby here! One and two and three . . . whew! Exercising is hard work, but it helps me to focus in the lab. Did you know that eating healthy foods and exercising make a big difference? Ask Daniel, Michael, and their friends. Sometimes, we get upset when our parents make us eat vegetables. But we will discover that choosing healthy foods and habits leads to better physical strength and helps us think better.

What are your favorite foods? This week, write what you eat daily and how often you exercise. Bring your record to class next week, and we will discuss it.

A "Healthy Choices" Double Puzzle

First, unscramble the scrambled-up words. (Use the Word List if you need help.) Write each letter of the unscrambled word in the squares. Next, complete the final phrase at the bottom, using the numbered letters from the unscrambled words.

WORD LIST

FOOD • VEGETABLES • HEALTHY • DANIEL • EAT • WATER • GIFTS

1. NLAIED

1	2	3	10	5	22

2. ODOF

12	26	27	8

3. TEA

18	16	23

4. VLSEEBEAGT

	32	38	35	39	28	30	31	20	11	

5. TARWE

36	7	37	33	13

6. ELAYHTH

9	14	21	6	17	19	24	

7. STIGF

29	4	25	34	15



1	2	3	4	5	6

7	3	8

9	10	11

12	13	4	14	3	1	15

16	17	18

19	20	21	22	23	19	24	

25	26	27	1

28	3	1

29	26	1

30	31	32	11	11	33	1	

			M
34	19	35	

36	10	37	9

38	26	26	1

19	33	16	31	39	19

16	3	8

	P		C			
15		5		4	28	22

					.
38	4	25	34	11	

A "HEALTHY" Acrostic Puzzle

An *acrostic* is a puzzle in which you use the letters of a keyword as the beginning, middle, or end of a related word. Fill in the acrostic puzzle with the words listed below found in today's lesson.

DANIEL • VEGETABLES • WATER • PALACE
HABITS • ROYAL • HANANIAH

H _ _ _ _ _

_ E _ _ _ _ _

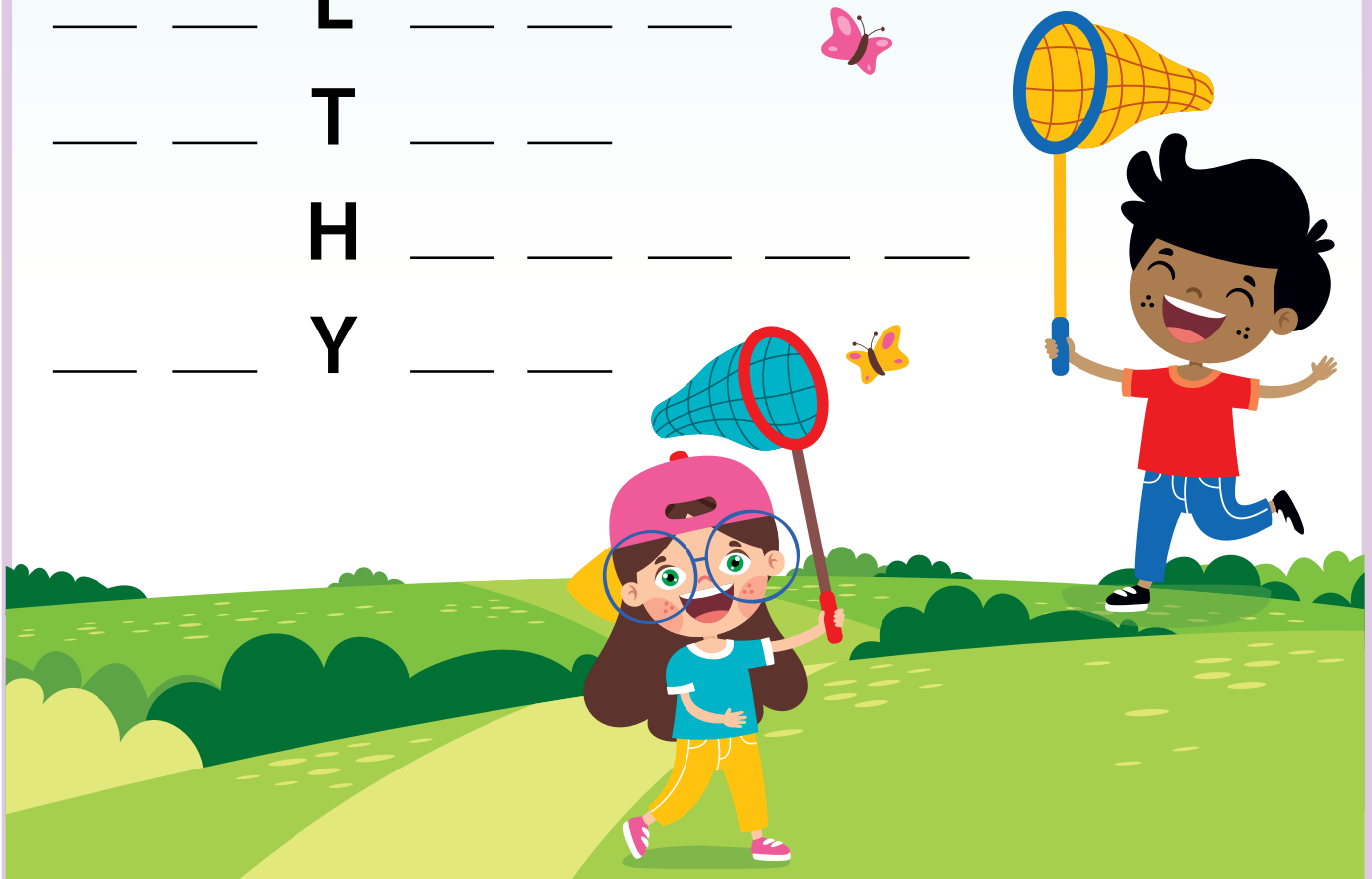
_ A _ _ _

_ _ L _ _

_ _ T _ _

H _ _ _ _

_ _ Y _ _



March 15, 2026

3



Everybody Needs Somebody

One day, Jesus told a story about a king who placed people into two groups. The king blessed the people in the first group. He told them to take their reward, which was the kingdom prepared for them.

He told them why they would get this reward: "I was hungry, and you fed me. I was thirsty, and you gave me something to drink. I was a stranger, and you invited me in. I needed clothes, and you gave me something to wear. I was sick, and you took care of me. I was in jail, and you visited me."

The people were surprised and asked, "Lord, when did we see you hungry or thirsty or a stranger or needing clothes or sick or in prison and helped you?"

The king replied, "Whatever you did for my brothers and sisters in need, you did it for me."

But the king told the people in the other group to go to their punishment! They did not care for him when he was hungry, thirsty, homeless, without clothes, sick, or in prison.



Lesson Scripture:

Matthew 25:34-46

Key Verse

"[God] will reply, 'Truly I tell you, whatever you did not do for one of the least of these, you did not do for me.'" (Matthew 25:45)





We Need Each Other

Ms. Sarah was a teacher that Charlotte and Minnie loved. She was loving and kind and always tried to help people in need. One day, Ms. Sarah got sick and was taken to the hospital. Charlotte and Minnie visited her.

"Why are you so sad, Ms. Sarah?" Charlotte asked.

"Because people need help, and I cannot do anything right now, but you can. In fact, you already have," she answered.

"How?" Charlotte and Minnie asked.

"You are visiting me now while I am sick," she said, smiling.

On the way home, Minnie asked, "Charlotte, remember when we shared our lunch with a new student and donated clothes to the family shelter?"

"Yes, I remember," Charlotte responded.

"We were doing kind acts and sharing Jesus' love with others," Minnie noted.

"Yeah, let us continue sharing and helping others. Ms. Sarah taught us that," Charlotte explained.

Charlotte and Minnie realized that we all need each other. Every kind act they did for others was like doing it for Ms. Sarah but, most importantly, for Jesus.



Exploring the Story in Ruby's Lab



Hello, everyone! Ruby here! Did you know that we need one another? Jesus told a story about a king who rewarded people for helping others. When we care for those in need, we do it for Jesus because these are people Jesus loves.

Likewise, do you remember Ms. Sarah? She was sick and could not help someone who needed help—but her students stepped in for her. We must be willing to help those in need and show them Jesus' love. Let's discuss how you can help someone in need this week. Then give a report next week.

Decode the Message

Each letter in the *cryptogram* [crip-toe-gram] phrase has been replaced with a random number. Fill in the letter that matches the random number, and you will decode the message. Some letters have been provided in the message.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
21	26			7		14			5	13	16		12					4							

B S N G K N N E S S A N L E
 26 17 4 22 24 3 10 12 14 13 10 12 15 12 7 4 4 21 12 15 16 24 6 7
 9 24 S E N N E E E A E A L S
 9 24 9 22 24 4 7 10 12 12 7 7 15 3 7 21 23 7 21 16 4 24
 S N G L E J E S S
 4 22 24 3 10 12 14 16 24 6 7 9 24 5 7 4 18 4



What Is the Answer?

Review today's contemporary story on page 12. Then, read the questions below and circle the correct answer for each.

1. Who was the teacher that all the children loved?

- (a) Ms. Sarah (b) Ms. Mary (c) Ms. Jane (d) Ms. Anna

2. Why did Charlotte and Minnie love Ms. Sarah?

- (a) She gave them candy.
(b) She was strict.
(c) She was loving and kind.
(d) She gave them lots of homework.

3. What happened to Ms. Sarah one day?

- (a) She went on vacation.
(b) She got sick.
(c) She moved to a new school.
(d) She got a new job.



4. Why was Ms. Sarah sad when she was in the hospital?

- (a) She missed teaching.
(b) She could not help people who needed help.
(c) She lost her job.
(d) She did not like the hospital food.

5. What lesson did Charlotte and Minnie learn?

- (a) Every time you help someone, you are spreading love and kindness and showing the love of Jesus.
(b) Always do your homework.
(c) Be the best student in class.
(d) Share your toys with others.

Austin the Great

Written by:
Cara Leigh Davis

Meet Austin!

Austin is a young African American boy with Autism who shows us that our differences make us special. His story sparks conversations about kindness, acceptance, and the beauty of being unique.

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